

# giving health

2021 annual report





dear friends,

Looking back on the past year, I am inspired by, and grateful for, all of you. Thank you for supporting our teams, patients and communities through extraordinary challenges.

Our Legacy Health staff worked through uncertain times with determination, teamwork and creativity. With your help, they adapted to the changing needs of the COVID-19 pandemic while maintaining the highest quality of care for all our communities' health needs.

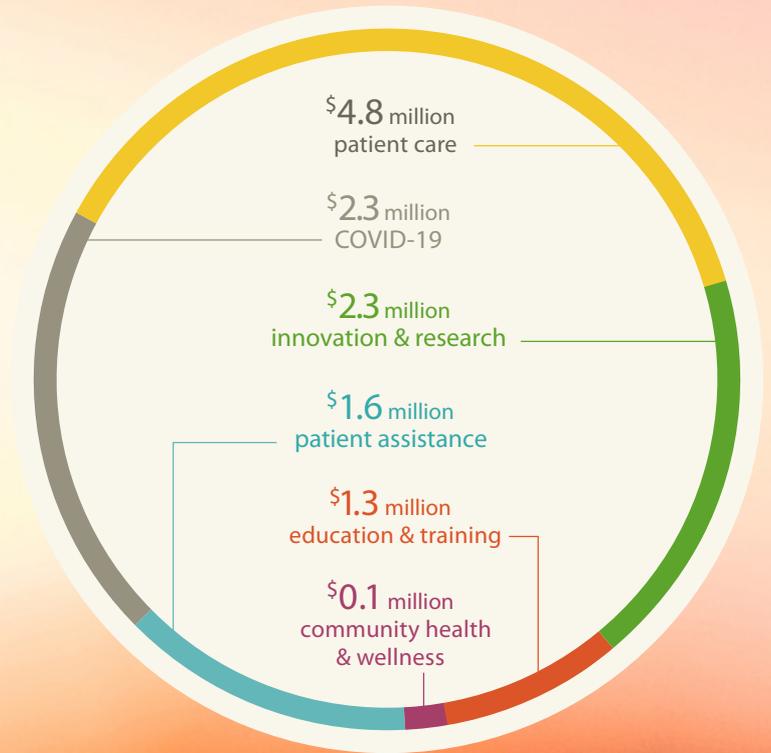
**Your contributions directly fund this amazing work and help us on our mission to bring good health to all.**

This report showcases some of the projects your gifts made possible. The final pages highlight how Legacy Health Community Benefit initiatives supported health and wellness in our communities.

With gratitude,

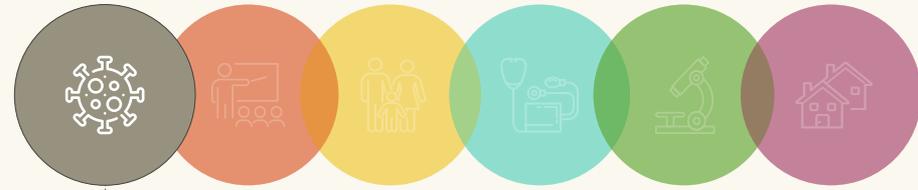
Maureen A. Bradley, MBA  
Senior Vice President,  
Chief Community Engagement Officer

areas your gifts supported



**\$12.4 million**  
total distributed from donations and investment income

From treating our first COVID-19 patients in March to giving Oregon's first vaccine shots in December, much of our work in 2020 was focused on fighting the pandemic. You were with us every step of the way. From donating personal protective equipment, to food, to financial contributions, your support made a positive impact in the lives of those giving and receiving care.



Here are just a few examples of how we were able to adapt to changing needs, thanks to you.

## COVID-19

Assisted families financially impacted by COVID-19 by providing food support, medication, or rent and utility assistance.

Provided COVID-19 testing to underserved communities at higher risk for getting sick.

Purchased vital equipment to care for COVID-19 patients including ventilators, mechanical CPR devices, telehealth services, infra-red thermometers and personal protective equipment.

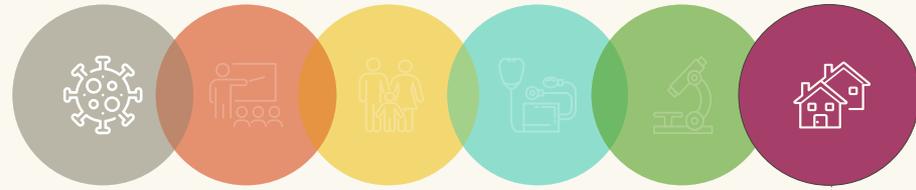
Purchased 55 tablets so hospitalized patients could communicate with loved ones unable to visit in person.

Printed 1,000 copies of a children's book explaining COVID-19, which were gifted to patients of Randall Children's Hospital at Legacy Emanuel.



Working with Ride Connection, an organization offering transportation options to individuals in need, we provided rides to approximately 1,000 patients who would otherwise have trouble getting to their appointments.

"It's been a godsend for me," says one grateful patient. "With this service I can focus on getting the care I need to get well, so that I can get back to taking care of myself."



## Community Wellness

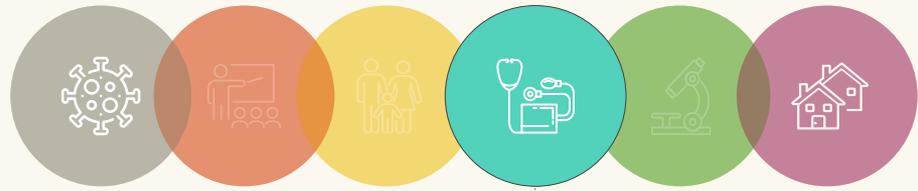
Provided temporary housing for transgender patients receiving gender-affirming surgical services who needed a safe place to rest and heal.

Helped Portland Street Medicine deliver healthcare to 2,000 people living unsheltered.

Continued our partnership with the Immunize Oregon Coalition to improve community health and work toward equitable and accessible immunizations.

In partnership with Oregon Wellness Program, provided medical staff with education and counseling services.

Ongoing support of Housing is Health, a community-wide project led by Central City Concern to improve outcomes for those facing social barriers to health.



## Patient Assistance

Purchased wheelchairs, scooters and seating systems for patients with life-long mobility issues who have financial needs to help avoid future health problems.

Partnered with MetroWest and Amedisys Home Health to provide 30 days of weekly home health care to approximately 500 patients. This improved health outcomes and reduced the need to readmit patients to the hospital.

Delivered nutrition counseling from a registered dietitian to 70 patients who need to make lifetime dietary changes because of a chronic condition.

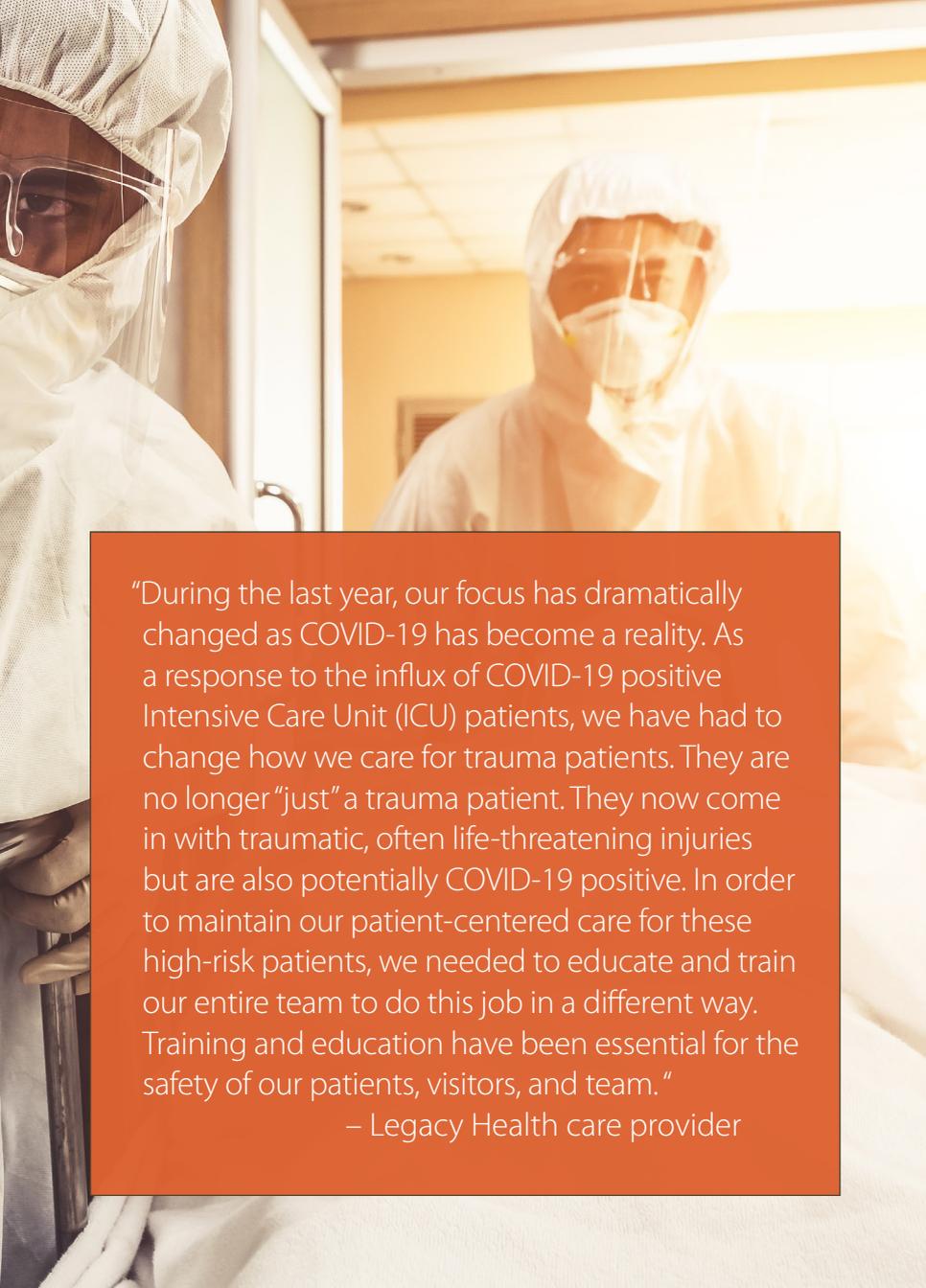
Offered parenting supplies to Project Nurture moms, a program providing integrated prenatal care and substance abuse treatment to pregnant women living below the poverty line.

Supplied durable medical equipment such as walkers and crutches to nearly 600 patients so they can safely heal at home.

Provided more than 2,000 patients with necessary prescriptions they wouldn't otherwise be able to afford.

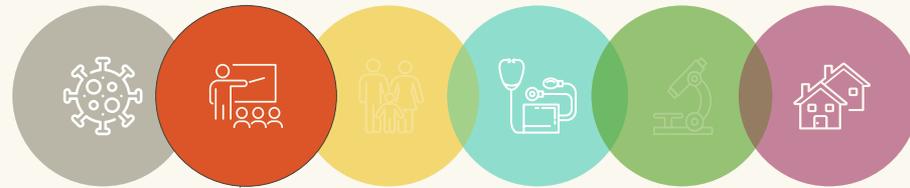
“I would not be able to do cardio rehabilitation without financial assistance. It was a real lifesaver. I can tell it has made a huge difference because in the past it was easy for me to be depressed and stay at home, but now I get out and see my friends every week and feel so much better!”  
— a grateful patient

Cardiac rehabilitation patients gain a better understanding of their condition and become active participants in their care plan and treatment. Patient assistance funds cover the co-pay costs for people who couldn't otherwise afford to attend.

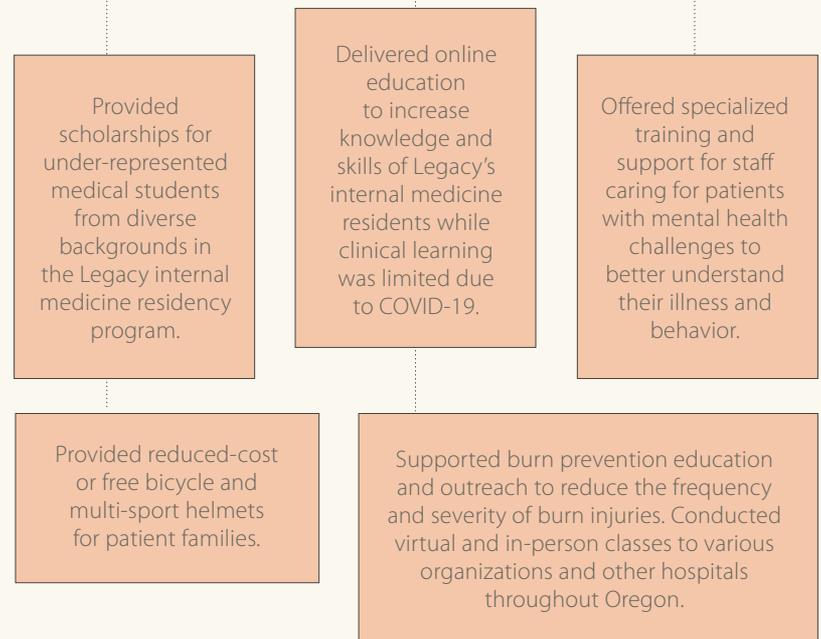


“During the last year, our focus has dramatically changed as COVID-19 has become a reality. As a response to the influx of COVID-19 positive Intensive Care Unit (ICU) patients, we have had to change how we care for trauma patients. They are no longer “just” a trauma patient. They now come in with traumatic, often life-threatening injuries but are also potentially COVID-19 positive. In order to maintain our patient-centered care for these high-risk patients, we needed to educate and train our entire team to do this job in a different way. Training and education have been essential for the safety of our patients, visitors, and team.”

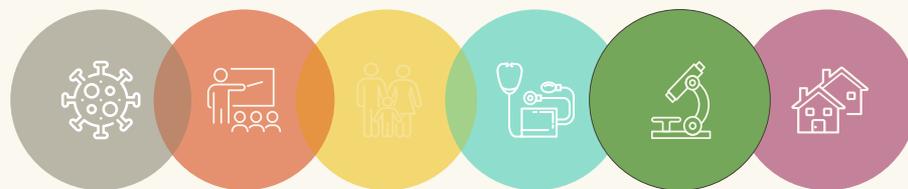
– Legacy Health care provider



## Education



Hyperbaric oxygen treatment (HBO2) has been effective for treating an increasing number of conditions including serious infections, wounds that may not otherwise heal, and carbon monoxide poisoning. This national trial will provide more definitive evidence of HBO2 treatment's ability to successfully treat COVID-19 infected patients.



## Research

Continued a preliminary investigation of music's effect on brain plasticity to counteract atrophy and death of brain cells after traumatic brain injury.

Worked on developing and assessing clinical tools for detecting early-stage deterioration in the eye, which could prevent or delay the onset of glaucoma.

Conducted a study to determine if targeted therapy can prevent or delay the development of epilepsy.

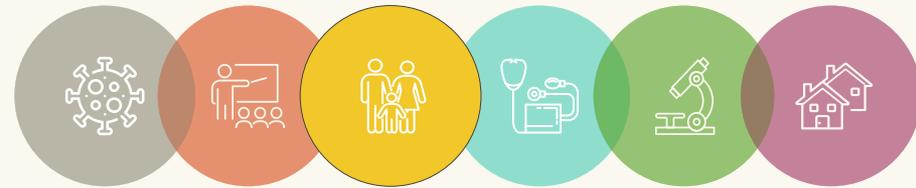
Continued a three-year research study evaluating the effectiveness of the Care Support Resources program in assisting patients with chronic health conditions who are at increased risk of having an emergency department visit or inpatient stay.

Researched alternative therapy options to more effectively treat brain tumors.

Studied the effectiveness of the KOALA Block program in the Neonatal Intensive Care Unit (NICU), creating a bridge between the scheduled feedings in the NICU to cue-based breastfeeding at home.



Since we've had to cancel group activities, we have used funds to provide children with bedside activities in their rooms. These activities have helped give patients a sense of normalcy and something to look forward to when they're in the hospital with minimal visitors. For some younger patients, parents will take the activity home to help siblings feel connected to their sibling in the hospital. Sometimes it is an activity the parent and child can do together or a Child Life Specialist can do with the patient for additional support. We also created educational materials to share in the hospital and on our website, for parents to use to help their children understand and cope with COVID-19.



## Patient Care

Hired a second Spanish-speaking trauma counselor on the CARES Northwest team, increasing capacity to serve Spanish-speaking children who have experienced abuse or neglect.

Purchased a specialty operating table to pair with a surgical robot, improving patient positioning during surgery and reducing procedure time.

Purchased equipment and tools to offer a full spectrum of speech communications therapy for patients with cognitive impairment, dementia, stroke and Parkinson's Disease.

Moved support services for cancer survivors like yoga and art therapy online so patients could continue to participate while social distancing.

Offered a virtual reality-based pain management system for Legacy Oregon Burn Center, helping patients cope with pain and anxiety during recovery.

Piloted a home monitoring and virtual visit program for patients with congestive heart failure to improve access to care in a convenient and economical manner.

# community benefit

As a nonprofit healthcare organization, Community Benefit is integral to Legacy Health's mission. Each year, Legacy Health invests a significant amount of goods, services and funds to benefit the health of the community we serve. In FY21, Legacy provided over \$521 million in community benefit.



**\$521 million** provided in community benefit through goods, services and funds.

Legacy Health conducts a Community Health Needs Assessment (CHNA) every three years. The CHNA identifies issues impacting health within our community including chronic conditions, economic stability, and others. To address these issues, a Community Health Improvement Plan (CHIP) is developed.

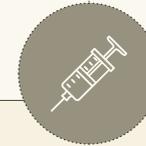


## how we improve health



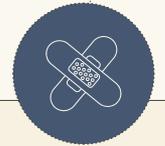
### Providing healthcare to people

- Who are uninsured or underinsured
- Who are low income
- Who have no other financial resources



### Promoting health, medical education and injury prevention

- Injury prevention programs
- Free vaccination clinics for community
- Education for health professionals



### Collaborating to improve community health

- Strategic collaborations and partnerships with health service and community-based organizations
- Cash donations
- Community Health Grants

Legacy cares for thousands of people a year who can't pay the full cost of care. In FY21, Legacy Health provided more than \$500 million in unreimbursed care.

# Community Health Grants

Supporting programs and activities that address identified community health needs and community health improvement strategies.

## FY21 Priorities:

- Access to care
- Behavioral health
- Social determinants of health – economic stability, career development, educational attainment, food insecurity, housing services
- COVID-19 education and outreach

“I feel more informed about health careers and educational options. I feel more optimistic about the opportunities available in nursing and health careers.”

– Portland Workforce Alliance  
Pathways to Careers student from  
Reynolds High School



“Now, my family and I eat more whole-wheat bread, fruit, and vegetables and drink less milk. I’ve tried to increase the amount of vegetables we have with dinner, and we usually eat together, as a family.”

– Familias en Acción family  
nutrition program participant

over **\$3.3 million** in total grant funding

**17** new grants awarded



In response to COVID-19, Legacy provided funding to community-based organizations for outreach and education to address vaccine hesitancy within communities of color and those most in need.

